



Adult Children of Alcoholics &  
Dysfunctional Families  
(A.C.O.A.)

## Unity Day

Mardyke House Mardyke Cork

Saturday 1st April  
10am to 5pm

Suggested Contribution €20

Join us for a Day of Fellowship and Unity

Workshop on Narcissism/Codependency

Speaker giving their experience with the steps

Some fun time for the inner child

Meeting - sharing our experience , strength and hope

Light lunch provided

Email: [acoacork@gmail.com](mailto:acoacork@gmail.com)  
[www.adultchildren.org](http://www.adultchildren.org)